

Contrast Lunch / 2 courses £18.95 / 3 courses £21.95

Appetisers

FRESH SEASONAL SOUP

GF / V / VG

CRISPY MANTOU

Cantonese Chickpea / Fried Bao Buns / Cabbage and Carrot Slaw
S / VG / Se

THAI NOODLES SEAFOOD SALAD

Poached Seafood Mix / Glass Noodle Salad / Thai Dressing / Fried Shallots / Sesame Seed
Se / SF / N / GF

FREE RANGE CHICKEN ROLL

Steamed free range chicken / Crispy vegetables / Rice Wrap / Sweet Chilli Sauce
F

PORK GYOZA

Steamed Pork Dumpling / Sesame / Chilli Garlic / Soy Lemon Sauce / Fried Aubergine
D

FRESH SHETLAND MUSSELS

Fresh Caught Mussels / Served With Chef's Sauce Of The Day
SF / (please ask)
(GF Optional)

DRAGON ROLL / TEMPURA

Contrast Signature Dragon Roll / Tempura Prawn / Avocado / 6 pieces £16.95 Sf / Se / D F
Tempura Prawn—3 pieces £10.95 / 6 pieces £20.95 Sf / D / F
Tempura Tenderstem Broccoli with Ponzu £8.25 V / Vg
Tempura Vegetarian Dragon Roll—Tenderstem Broccoli / Marinated Tofu / Mango / Spicy Mayonnaise / Teriyaki (can be vegan on request) 6 pieces £14.95 v / Vg / Se /

Mains

ROASTED VEGETABLE BIRYANI

Indian Spiced Basmati Rice / Roasted Vegetables /
Poppadom / Mint Sauce / Raita
DF (optional) / GF

8oz RUMP STEAK

Double Cooked Chips / Green Beans / Garlic Cherry Tomato /
(GF Optional)
(£4.95 supplement)

CHARGRILLED CHICKEN INSAL

Grilled Chicken / Stir-Fried Egg Noodles / Crispy Vegetables
Se / Se / E (Optional)

CATCH OF THE DAY

Fresh Fish Fillet / Pumpkin Gnocchi / Spinach Consomme in Ginger / Tomato / Garlic
F / Sy / Se GF

CRISPY DUCK LEG PERI-PERI

Highland Duck Leg / Asian Rice Congee / Vegetables
GF/DF

CONTRAST FISH & CHIPS

Battered Fish Fillet / Curry Mayo / Thai Salad / Chips
F / E (Optional)

SIDES £4.00 & SAUCES £2

Broccoli with Sesame & Miso

Se/GF

Onion Rings

D

Rocket & Parmesan Salad

D / GF

Double Cooked Chips

GF

Parmesan & Truffle Chips

Add £1.00

Garlic & Herb Butter

D

Creamed Mashed Potato

D

Peppercorn Sauce

D / A

Desserts

LEMON AND LIME ALASKA

Lemon segment / lime sorbet / Zest cady / Italian Meringue
GF / E /

CHOCOLATE ANGLAISE AND MISO

CARAMEL

Cocoa nibs tuille / Clotted Ice Cream / Vanilla Sable

PASSIONFRUIT CHEESECAKE

Sable / Passion Fruit gel
D / E / A /)

RUM AND RAISIN CRÈME BRULEE

Cinnamon Brioche / Rum and Caramel Sauce
D / E / GF(optional)

SELECTION OF SCOTTISH CHEESES

Spiced Pear Chutney / Oat Cakes
(£4.95 Supplement)
D



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A discretionary service charge of 10% may be added to tables of 6 or more.

Wifi—Glenmoriston Guest / Password letmein123

Dietary Requirements & Allergens...

A - Alcohol / D- Dairy / E- Eggs / VG - Vegan / V - Vegetarian / F - Fish /
SF - Shellfish / GF - Gluten Free / N - Nuts / P - Pork / Se - Sesame / S - Soy

Please advise your server of any allergies or dietary requirements

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